CHILDREN'S PROGRAM **SCHEDULE**

7:45 PM - 8:15 PM 8:15 PM - 9:00 PM 9:00 PM - 11:00 PM

11:00 PM

Children's Kabbolas Shabbos Children's Shabbos Dinner Children's Program with Staff

CHILDREN'S PROGRAM CLOSED

Sanibel + Baryan

9:30 AM - 10:15 AM Children's Shacharit Service Sanibel + Baryan 10:15 AM - 11:30 AM Children's Program with JRC Staff 11:30 AM - 12:30 PM Kiddush - CHILDREN'S PROGRAM CLOSED 12:30 PM - 1:30 PM SPECIAL PERFORMANCE - Magic Show 1:30 PM - 2:15 PM Children's Shabbat Lunch 2:15 PM - 5:45 PM Children's Program with JRC Staff CHILDREN'S PROGRAM CLOSED 5:45 PM - 6:40 PM 6:40 PM - 7:40 PM SPECIAL PERFORMANCE - Reptile Show 7:40 PM - 8:30 PM Children's Seudat Shlishit - Dinner CHILDREN'S PROGRAM CLOSED 8:30 PM

PLEASE NOTE: The CHILDREN'S PROGRAM ROOM closes Friday at 11:00 PM and Shabbat at 8:00 PM. Additionally, the staff will be on break on Shabbat from 11:30 AM - 12:30 PM and 5:45 PM 6:40 PM. Please make sure your children are with you during these times.



A FEW TIPS:

- Magnetic strips are available at registration to avoid use of door cards for room access on Shabbos.
- The KIDS ROOM is a designated play area throughout the weekend. Families with children are kindly requested to make sure their children are in the designated area or under adult supervision of parents or a designated adult.
- Please be dressed in appropriate attire to maintain the spirit and decorum of the retreat.

WELCOME

TO THE

RETREAT + SHABBATON



7:00 AM - 8:00 AM	Torah Class with Rabbi Simon Jacobson	Gallery
7:00 AM - 10:00 AM	Continental Breakfast	Regency Ballroom
8:00 AM - 9:00 AM	Find Happiness, We Can Do It Together Torah Class with Rabbi Yacov Barber	Gallery
8:00 AM - 9:00 AM	Shabbat Mevorchim Tehillim	Gallery
9:00 AM - 10:15 AM	Introduction to Breathwork with Alex Myrin	Polo E - F
10:15 AM - 11:00 AM	Breathwork Process with Alex Myrin	Polo E - F
9:00 AM - 11:30 AM	Shabbat Morning Services - Davening sermon by Rabbi Mendy Kornfeld	Gallery
10:00 AM – 11:00 AM	Women's Torah Class with Rebbetzin Chanala Kornfeld	Clematis (2 nd Floor)
11:45 AM – 12:30 PM	Kiddush	Regency Ballroom Foyer
12:45 PM – 2:00 PM	CO-CURRENT MEETINGS - WORKSHOPS	
	How to 'Let Go and Let G-d' While Taking Care of	Polo F
	My Side of the Street with Lewis Abrams, ACSW, LCSW, CSAT	
	The Key to Longterm Recovery Gallery with Faith Niece, MA, LMHC, LMFT, CSAT	Gallery
	United in Recovery: Embracing Differences Deepening Love	Polo E
	with Moishe and Chaya Chanin	
2:15 PM – 4:15 PM	Shabbat Lunch with Rabbi Simon Jacobson and comedienne Chani Lisbon	Regency Ballroom
4:30 PM - 5:45 PM	CO-CURRENT MEETINGS - WORKSHOPS	
	Moving Pasts Ruptures in a Relationship with Faith Niece, MA, LMHC, LMFT, CSAT	Gallery
	Recovery in Judaism with Rabbi Simon Jacobson	Polo E
	Building a Community with Sonny Perlman, LMSW	Polo F
5:45 PM - 6:00 PM	Mincha - Davening	Gallery
5:45 PM - 8:00 PM	Experience, Strength, Hope with Isaac D. and Eli D.	Regency Salon E
8:49 PM	Maariv and Havdallah	Gallery
9:25 PM -12:00 AM	Grand Melava Malka Dinner with comedian Sarge	Regency Salon C- D
12:00 AM - 1:00 AM	Ecstatic Dancing with Meir Kay	Polo E- F
12:00 AM - 1:00 AM	Open 12 Step Recovery Meeting	Gallery

7:00 AM - 8:00 AM Torah Class with Rabbi Simon Jacobson Gallery 7:00 AM - 10:00 AM **Continental Breakfast** Regency Salon E 8:00 AM - 9:30 AM Ahdama Remembrance Mens Group with Eli Nash and Meir Kay Polo E - F 8:30 AM - 9:30 AM Women's Recovery Coaching Group with Moishe and Chaya Chanin Polo D 9:00 AM - 9:45 AM Morning Services - Shachrit Gallery 9:45 AM - 10:45 AM Where Do We Go From Here? An Interactive Process Group with Sonny Perlman Gallery 11:00 AM Checkout